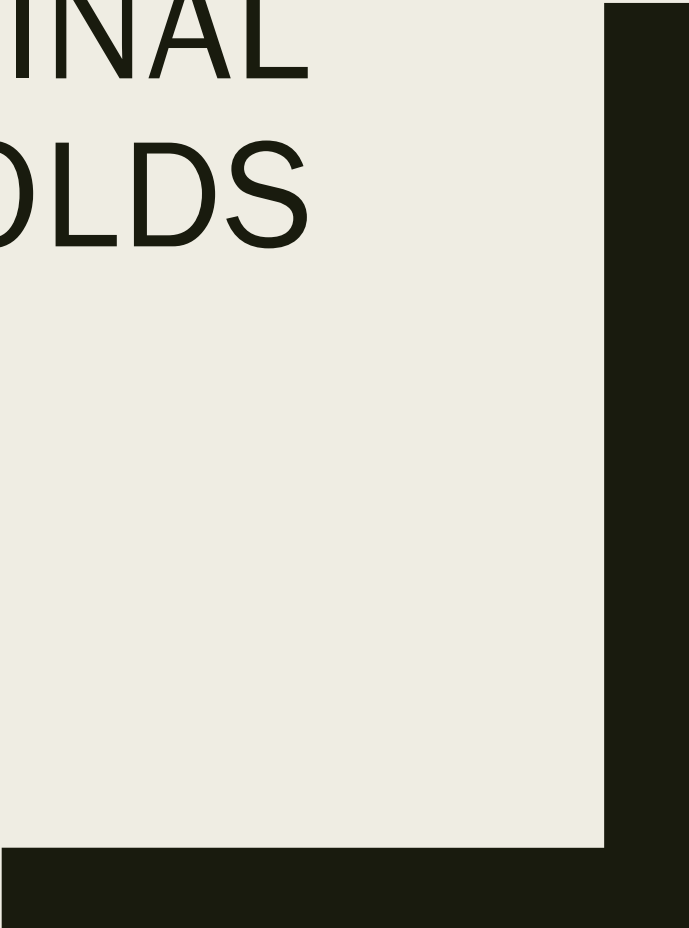




# OSCE ON ABDOMINAL EXAM AND LEOPOLDS MANEUVERS

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# Advisory

The patient freely gave her expressed consent in participating in this video presentation



# Steps:

1. Greets and introduces self to patient
2. Explain the purpose and conduct of the pelvic examination
3. Use language/vocabulary that is appropriate and understandable



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# Steps

- Asks patient to empty her bladder if necessary
- Drapes the patient appropriately



# Steps

- Measures the fundic height in centimeters correctly



# Leopolds Maneuver 1

- Stands on either side of the bed and faces the upper part of the mother
- Grasps the uterine fundus with both hands
- identify what fetal pole occupies the fundus



# Leopolds Maneuver 2

- Stands on either side of the bed and faces the upper part of the mother
- Grasps the sides of the abdomen with palms of both hands.
- Determines on which side is the fetal back/small parts
- Determines/counts fetal heart tones (FHT) using stethoscope or fetal doppler





# Leopolds Maneuver 3

- Stands on either side of the bed and faces the upper part of the mother
- Using the thumb and fingers of one hand, grasps the lower portion of the maternal abdomen just above the symphysis pubis
- determines if engagement of the fetal presenting part has occurred
- determines fetal presenting part





# Leopolds Maneuver 4

- Student reverses position to face the lower part of the mother
- Places one hand each on either side of the lower pole of the uterus just above the symphysis pubis.
- determines on which side is the cephalic prominence and correctly identifies the fetal attitude



# Concluding the visit

- 8. Explains the findings to the patient
- 9. Entertain and answers patient's questions adequately
- 10. Thank the patient



*photo credit: [www.dreamstime.com](http://www.dreamstime.com)*

# Rx PRESCRIPTION

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

DATE \_\_\_\_\_

AGE \_\_\_\_\_

*Thank you!*

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